



## Sample Impairment Policy

**Relevant Legislation:** *Mine Health and Safety Act, Mine Health and Safety Regulations, Safety Act, and Occupational Health and Safety Regulations*

### PURPOSE

(Insert Company Name) is responsible for creating a safe work environment for all workers, management, visitors, contractors, and members of the public. This includes addressing any issue that may impair a worker's ability to safely complete their work functions.

### POLICY

All individuals working at (Insert Company Name), including contractors, must report fit for work and be able to perform their duties safely without limitations due to impairment.

Impairment includes, but is not limited to, the effects of alcohol, illicit drugs, recreational drugs, prescribed medications, non-prescription medications, fatigue, stress, illness, and/or any issue which may impair a worker's judgment or performance. Managers and supervisors must be able to identify and promptly address all concerns about an individual's ability to perform their job safely.

Any workers suspected to be impaired will be sent home immediately in transportation provided by (Insert Company Name). The manager or supervisor must document and report the incident to the CEO, Human Resources Department, and the Joint Occupational Health and Safety Committee (representative).

- Workers will receive training on how to identify and report impairment at the worksite.
- Owners, managers, and supervisors will receive training on how to identify, document, and report impairment at the worksite. They will also receive training on employee protection, and corrective actions respecting employees who breach this policy.

(Insert Company Name) will accommodate (when applicable) and will determine if a worker is fit to perform job-specific procedures which align with the bona fide occupational requirements of the position.

Owners, managers, supervisors, and workers will be trained on hazard identification specific to impairment at the worksite, as well as how to mitigate and control the risks of impairment.

(Insert Company Name) and its workers commit to the following measures to prevent workplace impairment:

- (Insert Company Name) and its workers do not permit the presence or influence of illicit drugs, recreational drugs, or alcohol on the worksite at any time.
- (Insert Company Name) commits to providing education to workers on substance dependence, stress, life/work balance, mental health, and their requirements under this policy.
- (Insert Company Name) will, alongside the Joint Occupational Health and Safety Committee, review work hours, scheduling, and evening process every 3 years in an effort to minimize the requirement for shift work and night/evening work.
- (Insert Company Name) will provide an anonymous reporting system for workers to notify a supervisor of the potential impairment of an individual at the worksite.
- (Insert Company Name) will provide access to this policy and additional resources to all workers via the secure intranet page.

This policy will be reviewed once every year by (Insert Company Name) with the Joint Occupational Health and Safety Committee (Representative).

Any individual who does not adhere to the impairment policy is subject to discipline, which may include immediate dismissal, and/or their actions being reported to the RCMP.

Authorized by (print name):		Effective on:
Signed	To be reviewed by:	To be reviewed on: